



Call to the Light



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MU'AZZIN

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6TH SEPTEMBER 2007

Important dates

3rd –7th of Sep – The National Literacy & Numeracy week
13th September – Ramadan Timetable Starts

Hadith of the week

Salman, Radi-Allahu anhu, reports, "On the last day of Shaban Rasulullah ﷺ addressed us and said, 'O people there comes over you now a great month, a most blessed month in which lies a night more greater in virtue than a thousand months. It is a month in which Allah has made Fasting compulsory by day. And has made sunnah the Taraweeh by night. Whosoever intends drawing near to Allah by performing any virtuous deed, for such person shall be the reward like the one who had performed a fardh in any other time. And whoever performs a fardh shall be blessed with the reward of seventy faraa-idh in any other time.

This is indeed the month of patience, and the reward for true patience is Jannah (paradise). It is the month of sympathy with one's fellowmen. It is the month wherein a true believer's rizq is increased. Whosoever feeds another who fasted, in order to break the fast at sunset, for the feeder there shall be forgiveness of sins and emancipation from the fire of Jahannam (hell), and for such feeder shall be the same reward as the one who Fasted (who he fed) without that persons reward being decreased in the least."

Thereupon we said, "O messenger of Allah, not all of us possess the means whereby we can give a fasting person to break his fast." Rasulullah ﷺ replied, "Allah grants the same reward to the one who gives a fasting person to break the fast a mere date, or a drink of water, or a sip of milk."

To be continued

Discourses on Islamic Way of Life

The benefits of leading our lives according to Deen

11: The one who leads his life according to Deen, the biggest benefit for him is that his Aakhirah is made. And the real purpose (of life) is Aakhirah. The prophet SAW has said in a hadith,

الدنيا خلقت لكم وأنتم خلقتم للأخرة

"The world has been created for you and you have been created for Aakhirah".

And this world is of course, a prison for the Muslim, as Allah's apostle (SAW) has said,

الدنيا سجن المؤمن

So if our Aakhirah is made, (then) we achieved the real success. Allah SWT has said,

"فمن زحزح عن النار وأدخل الجنة فقد فاز وما الحياة الدنيا إلا

متاع الغرور" (آية ١٨٥ - سورة رقم ٣)

"...And whoever is removed away from the Fire and admitted to Paradise, he indeed is successful. The life of this world is only the enjoyment of deception (a deceiving thing)."

Therefore, in order to achieve this real success, (one has to) lead life according to complete Deen.

To be continued...

Mufti Obaidur Rahman

Translated by S M & others.

Ramadan School Hours

During the month of Ramadan (from Thursday 13th September, students would be required to attend school from **08:50 am – 02:20 pm**.

Please note that **No** supervision would be provided before 08:30 am in the morning and after 02:40 pm in the afternoon. **Parents** are advised to make appropriate arrangements for their children, so that they are not left unattended outside these hours.

Qur`aan Exams / Testing

Term 3 tests for Qur`aan will begin from the 6th of September. We encourage students to put in their last efforts to secure a good mark, and parents to encourage them likewise. Also, the more important thing before and after making effort, is *tawajjuh* (facing our attention) to Allah (swt) for help in all situations, as everything is in His hands.

Poem: A Blessed Month is Casting its Shadow upon Us!

In the name of Allah, the Most Merciful, the Most Kind

A blessed month is casting its shadow upon us
A night of this month is better than a thousand months

Bear with patience for the sake of Ar-Rahman
It's a continuous training to strengthen our Imaan.

Glory be to Allah who sent Ramadan as a mercy to mankind
It's a purification of our soul, our heart, and our mind
With the most sincere devotion and love we fast
To be cleansed and free from sins of the past

Glorified is He, who choseth this holy month,
To test our sabr and fill our hearts with warmth
Of His Divine Light, His blessings shall glow,
The Seer of the unseen, all He does know

Ya Allah! For thee, let my breath be more pleasant than musk
Ya Allah! For thee, let me be thankful when day turns to dusk
My thoughts and heart are purified, my eyes truly see...
This blessed month, the month of spiritual rhapsody!

Ya Allah! For thee, my life I shall live!
Ya Allah! For thee, my soul I shall give!
In the name of Allah, the Most Merciful, the Most Kind,
Praise be to Allah, Who sent Ramadan as a gift to mankind

Sports Day

Darul Ulum's Sports Day has come to an end,
Races were won for our teams we defend.
Basketball matches have been won,
And a good tug of war was really fun.
Frisbee golf is an easy game,
Skipping, the flags race and volleyball as well.
Which team will win the final prize?
Who can tell?
Don't be proud, if you win,
If you don't you can still grin,
Because you've played games fair today,
You'll be fit until Judgement Day.

By Sara Bakah
Grade-5A

Ramadan's around the corner...

.....Continued from last week

It's not the plan that's important, it's the consistency. Don't just plan to psych yourself up and then accomplish goals over the first or last few days of Ramadan. It's all about consistency, keep your acts of worship consistent throughout the month and try to continue this pattern after the conclusion of Ramadan. Find ways to make Islam your balanced way of life in an effective and rewarding manner rather than bombarding yourself and regarding it as a burden. Don't dread having to abstain from food, drinks and evil acts or speech. Long for the possibility to revitalise your body, mind and soul through this spiritual occasion.

Remember this month is not just a time to accelerate into overdrive mode in the kitchen preparing for Iftars. Nor is it a time to eat all night the foods or sweets that you feel you may be deprived of or possibly crave the next day. It's not a time to 'hang out' at mosques or spend the day asleep so as to avoid the discomfort and temptations of feeling hungry or thirsty.

Prioritise and plan what you want to gain out of this month. Spend some time contemplating what you want your Ramadan in 2006 to be like and start working to prepare for it in the time that you have left. Some of you may choose to prepare for Ramadan by fasting some days before it starts. Others may prepare for it by eating less, or avoiding many snacks during the day. You may even choose to prepare for this holy month through increasing your acts of worship from now by reciting or learning to read from the Quran so that it becomes second nature to do so during this ninth month of the Islamic year. Another good way to prepare is to learn about Ramadan. Read up and understand what this month is really about. Discover the best way to spend Ramadan and learn about how Muhammad PBUH would fast this month. Understand the benefits of Suhoor (pre-dawn meal) and find out about the benefits of breaking your fast on Dates (fruit of the date palm tree).

Ponder, plan and prepare! Ramadan is fast approaching, be ready for it.

Science Department

Dr Shafiq Ansari

Did you know?

Reducing your shower from 10 minutes to 5, will save more than 16 000 litres of water, \$90 on your water bill and around \$150 on your water heating annually

Acne

What causes it?

The skin has thousands of tiny hair follicles. Each has a sebaceous gland that produces an oily substance, sebum. An unusual reaction of the sebaceous glands in the skin to the male hormone testosterone causes them to make more sebum.

This overproduction of sebum - together with dead skin cells - blocks hair follicles. The characteristic 'blackhead' appearance is caused by the presence of skin pigment, not dirt. If the blocked hair follicle ruptures, more inflammation occurs. This can lead to nodules and cysts forming, which leave scars as they disappear.

In scientific terms it's a myth that diet or particular foods (for example, chocolate, fatty or fried foods) make acne worse, but some people do identify specific foods they believe make their acne worse.

Common triggers for acne include:

- Exams
- New relationships
- Before a period
- Stress
- Some cosmetics
- Some medicines

Who's affected?

Acne affects young adults the most, but it can also be a problem for older people. It usually starts in puberty when skin glands produce excess grease.

Women are generally affected at a younger age, the peak severity being between ages 17 and 18, while men peak between 19 and 20 years old. Men tend to be worst affected, because they produce more testosterone.

What's the treatment?

The goal with treatment is to prevent skin scarring, to prevent psychological distress and to shorten the time someone has to put up with acne. The treatments used depend on how severe the acne is.

Healthy skin needs a good intake of vitamins A, C and E, zinc and at least eight glasses of water a day. All of us should do this whether or not we have spots.

Gels, creams and lotions containing benzoyl peroxide are also helpful because its antibacterial and skin peeling action helps to reduce inflammation and unblock skin pores.

Many complementary treatments that claim to treat acne work for some people but not for others. Some of the more reliable ones are a facial gel mask of colloidal silicic acid (which should be used twice a day to remove excess grease and dead skin cells) and tea-tree oil gel, which has antiseptic and antibacterial effects.

Avoid squeezing spots because it can push infection and inflammatory chemicals deeper into the skin, making cysts and permanent scars more likely.

Last week Quiz Answers

1. The pascal is the SI unit of pressure. One pascal is the pressure generated by a force of one newton acting on an area of one square metre.
2. (Social) Psychology
3. Acts as a painkiller
4. HyperText Transfer Protocol
5. Ventilates are items of protective clothing worn in sub-freezing conditions

Literacy Department

Ms H. Almadhoun

Questions parents may ask about spelling:

Why are children taught to spell in different way from when we went to school?

Teachers and parents noticed that children could write words correctly in a spelling test but not write the same words correctly in their writing. Teachers have also noticed that when students are taught rules about spelling, some children became confused and were unable to apply those rules correctly.

Spelling is no longer considered to involve just memorizing words, without a sense of why they should be learned. Spelling nowadays is viewed as a problem-solving task, where the writer uses many strategies to solve the problem. These strategies include listening for sounds in words, using common spelling patterns, using knowledge of the meaning relationships between words, knowing how to construct words and knowing how common rules can be applied or how they can generalize.

Should students learn a list of words each week?

Spelling is used in writing, so the words children learn must be useful for them in their personal writing. There is no point in children's learning words they will never use or words they already know. So although some educators believe it is still useful for children to learn how to spell specific words, it's not really helpful for all children in a class to learn the same words, and it's much better if the children learn how to choose most of these words themselves. Teachers and parents can guide them to make wise choices, because children do not always realize they are misspelling some words they use often. There should be no one particular number of words to learn per week. The right number of words is the number they can learn well.

The "look, say, name, cover, write, check" strategy is a very useful way that helps students learn their spelling words.

1. Look at the word & get a picture of it in your head
2. Say the word
3. Name the letters in the word
4. Cover the word
5. Write the word quickly
6. Check if it's correct

Another useful strategy is to think of a word that may help them remember the word e.g. remember ' **day** '

will help them spell **say, lay, play, may, way'**. **Day'** will also help them to spell out Monday, Tuesday...etc.

How children learn how to spell?

Children continually learn how to spell from their reading and while they're writing as they use various strategies in attempting to spell unfamiliar words. Also, children are taught to listen for sounds in words and to represent these sounds using different letters.

Seeing words many times in their reading and writing helps them to start recognizing when the word looks right or not. As they become more experienced they start thinking about the meaning relationships between words.

What makes someone a good speller?

In fact, no one probably knows how to spell all words correctly. A child who writes with no spelling mistakes may just be a safe speller who is not willing to try unfamiliar words.

Good spellers take risks and are also interested in words and they are always aware that their writing needs to be easily read by others.

Good spellers are able to use different strategies to try words and they are able to use different resources to check their spelling.

If a child misspells a word many times, will he or she continue to spell it incorrectly?

Children should be encouraged to try unfamiliar words & to experiment with the spelling of words. They may go through a long period of experimentation as they form hypotheses about spelling. But at the same time, they need to read a lot, get continuous feedback and they need to have peers read their writing in order to have an authentic purpose for learning about spelling.

Should a child use a dictionary to find out how to spell a word?

Good spellers use all kind of resources to check spelling. But it's helpful if they try the word first, think about what part may not be right, try it again, then check their ideas in a dictionary or some other resources.

Why don't teachers correct children's spelling mistakes?

Before the teacher corrects students mistakes, students are encouraged to take the responsibility of proofreading their own writing. Teachers can work together to help children after they have proofread their writing. Teachers must focus on what children have done well first rather than only noticing their spelling mistakes only. Otherwise, children may become safe spellers rather than good spellers.

Should spelling rules be taught?

Rather than telling children the rules, children will learn better if they are guided through explorations that will help them discover generalizations that

apply to the spelling of many words. The generalization children learn should cover a range of spelling topics, including ways to form plurals and to add prefixes as well as some phonic generalizations.

How can parents help their children in spelling?

- Encourage children to write for a variety of purposes
- Children's writing should be enjoyed and appreciated by their parents
- Parents need to avoid raising the levels of anxiety about their children's spelling
- Parents need to understand that spelling is not the only thing that matters in writing
- Parents can talk about and discuss some of the spelling strategies their children are learning at school
- Parents need to provide different resources for their children to use when looking for words

Darul Ulum College of Victoria first Annual Art Exhibition

Last week Thursday, Darul Ulum College conducted successfully, their first annual art exhibition which included student artwork from:

Fawkner Primary School,
Moomba Park Primary School,
Thomastown Secondary College and
Isik College.

We also had work exhibited by artists from within the muslim community and from amongst our own staff. It was a very exciting event.

I would like to thank everyone who contributed by allowing their art work to be displayed. JazakAllah Khair.

A very special thanks to sister, Nur Shkembi, who helped out tremendously - organising the art room for the day. JazakAllah Khair.

She has also donated one of her beautiful paintings to the school, which will be displayed in the office.

Assalamu Alaikum

Art Co ordinator
Sr Amira Muranovic



